



Pressure Area Care and Prevention

Course Objectives

This course is aimed at everyone working within the health and social care sector. Learners will benefit from having an increased knowledge of pressure ulcer identification and their classification. The course will also lead to a greater understanding of risks leading to pressure ulcer development, prevention methods and best practices.



Course Content

- What is a pressure ulcer?
- The main structures and functions of the skin
- Major causes, stages and factors significant in the development of pressure ulcers
- Identifying those at greatest risk
- Common sites in pressure ulcer development
- Defining and grading pressure ulcers
- Tools used to assess risk
- The blanching test - detection of early signs of skin damage; systems and aids used in preventing and relieving of pressure
- Evidence-based best practice

Who Should Attend?

- Residential home owners and managers
- Residential home staff
- Home care support workers

Course Information

Duration:	Half-day course (3 hours)
Location:	Eastbourne, East Sussex
Frequency:	Annual updates
What's included:	Tea / coffee & biscuits All work and exercise sheets Completion certificate

Bookings

For availability and bookings, contact Unity Training Solutions today on 0845 034 6410.

In-house Training

If you have a several staff to train, Unity can arrange group training workshops for you at their Eastbourne centre. Alternatively, if you have the facilities, training can be delivered in-house.