



## Safeguarding Adults at Risk (SAR)

### Course Objectives

This training course will help participants increase their awareness of key roles and duty of care. Group discussions and interaction will be supported with potential care home and domiciliary scenarios. Learners will develop the knowledge, skills and confidence required to respond appropriately where abuse and/or poor practices are suspected or occurring.



### Course Content

- What 'safeguarding' and 'at risk of harm' means
- Key relevant safeguarding legislation, including the Mental Capacity Act (MCA 2005 and DoLS)
- Factors that may increase the occurrence of abuse and neglect, and ways to reduce it
- Forms and types of abuse
- Signs and symptoms that might indicate abuse
- How to respond appropriately to a disclosure or suspected alleged abuse (whistle-blowing)
- Contact options

**QCF: Health & Social Care Diploma Unit HSC 024**

### Who Should Attend?

- Residential home owners and managers
- Residential home staff
- Home care support workers
- Voluntary workers

### Course Information

- Duration:** Half-day course (3 hours)  
**Location:** Eastbourne, East Sussex  
**Frequency:** Annual updates  
**What's included:** Tea / coffee & biscuits  
All work and exercise sheets  
Completion certificate

### Bookings

For availability and bookings, contact Unity Training Solutions today on 0845 034 6410.

### In-house Training

If you have a several staff to train, Unity can arrange group training workshops for you at their Eastbourne centre. Alternatively, if you have the facilities, training can be delivered in-house.