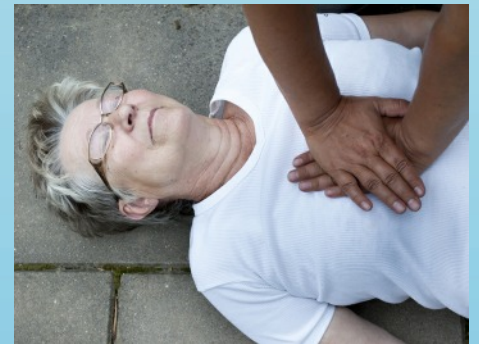




Basic Life Support (Adult or Adult and Paediatric)

Course Objectives

This course will teach the learner the basic first aid skills necessary to deal with an emergency and life-threatening situations until professional medical help arrives. Choose from adult basic life support training or adult and paediatric life support.



Course Content

- Dealing with emergencies
- Unconsciousness
- Choking
- Heart attack
- Wounds and bleeding
- Shock
- Child and baby CPR (4 hour adult and paediatric life support course)

Who Should Attend?

- Residential home owners and managers
- Residential home staff
- Home care support workers
- Voluntary workers

Course Information

- Duration:** Half-day course (3 hours for adult life support - 4 hours if including paediatric)
- Location:** Eastbourne, East Sussex
- Frequency:** Three-yearly updates
- What's included:** Tea / coffee & biscuits
All work and exercise sheets
Completion certificate

Bookings

For availability and bookings, contact Unity Training Solutions today on 0845 034 6410.

In-house Training

If you have a several staff to train, Unity can arrange group training workshops for you at their Eastbourne centre. Alternatively, if you have the facilities, training can be delivered in-house.