



End of Life Care

Course Objectives

This course is designed to help carers feel more confident in caring for people with a terminal illness and at the end stages of life. The session is based on person-centred care and explores what is needed to achieve a 'good death' for individuals in care settings.



Course Content

- Definitions of end of life or palliative care
- Understanding the concept of a 'good death'
- The normal patterns and stages of grief
- Talking confidently about death and dying
- Understanding the Gold Standards Framework
- Meeting the essential care needs of the dying person and their family
- Know what to do when death occurs
- Looking after yourself and your colleagues
- Minimising emotional and spiritual distress

Who Should Attend?

- Residential home owners and managers
- Residential home staff
- Home care support workers

Course Information

- Duration:** Half-day course (3 hours)
Location: Eastbourne, East Sussex
Frequency: Annual updates
What's included: Tea / coffee & biscuits
All work and exercise sheets
Completion certificate

Bookings

For availability and bookings, contact Unity Training Solutions today on 0845 034 6410.

In-house Training

If you have a several staff to train, Unity can arrange group training workshops for you at their Eastbourne centre. Alternatively, if you have the facilities, training can be delivered in-house.