



Induction into Care

Course Objectives

The course will give the trainee a practical understanding of how to care for Individuals with personal care requirements. It combines a one-day practical workshop with all the mandatory training courses, such as manual handling, first aid and basic life support. The course and gives trainees the core knowledge to gain experience and become competent in delivering hands-on care.



Course Content

Practical workshop

- The role of a care support worker, principles of care and delivering practical care
- Conditions and illnesses
- Tissue Viability
- Nutrition and Feeding
- Care planning, Risk assessment, & Record keeping
- Introduction into Skills for Care and the Level 2 and 3 Diplomas in Health and Social Care (HSC)

Safe practice workshops

- Moving & Handling
- Safeguarding Adults at Risk
- Health & Safety (including Fire Awareness)
- Infection prevention and control
- Food Safety & Nutrition
- Basic First Aid (including BLS)
- Introduction into Skills for Care and the Level 2 and 3 Diplomas in Health and Social Care (HSC)

Who Should Attend?

- New employees in home care agencies, Residential care and nursing homes
- Individuals starting a career in the health and social care sector
- Those returning to the care sector after a career break

Course Information

- Duration:** Three-day course (18 hours)
Location: Eastbourne, East Sussex
Frequency: At commencement of (or prior to) employment
What's included: Tea / coffee & biscuits
Lunch not included
All work and exercise sheets
Completion certificate

Bookings

For availability and bookings, contact Unity Training Solutions today on 0845 034 6410.

In-house Training

If you have a several staff to train, Unity can arrange group training workshops for you at their Eastbourne centre. Alternatively, if you have the facilities, training can be delivered in-house.